



e-Newsletter HEALTH & WASH SECTOR

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Dissemination of E-cigarette study findings

A press conference was organized at the Abdus Salam Hall of National Press Club on October 4, 2021, at 11:00 am to mark the release of the results of the study on e-cigarette use conducted by Dhaka Ahsania Mission with the technical assistance of the Campaign for Tobacco-Free Kids.

The study was conducted on e-cigarette use by the students of two universities, Dhaka University and North South University. The major findings of the study are many young people use e-cigarettes because of their style. Some use e-cigarettes due to different types of flavors. Many feel that e-cigarettes can help them quit their conventional cigarettes. Some people also think that e-cigarettes are less harmful to health than conventional cigarettes. The users have limited knowledge of the harm of e-cigarettes. Social media is one of the main sources of acquisition of e-cigarettes because many of the users find the advertisement of e-cigarettes in social media like Facebook and Instagram.

Iqbal Masud, Director, Health and WASH Sector, Dhaka Ahsania Mission presided over the conference. Professor Dr. Abdul Aziz, Hon'ble MP and Member, Parliamentary Standing Committee on the Ministry of Health and Family Welfare was the chief guest at the press conference. Md. Mostafizur Rahman, Lead Policy Advisor, Campaign for Tobacco Free Kids and Professor Dr. Arup Ratan Chowdhury, Founder, Association for the Prevention of Drug Abuse (MANAS) was the special guest. Dr. Mohammad Hayatun Nabi, Senior Lecturer, Department of Public Health, North South University presented the findings of the study on e-cigarette use conducted on university students.

Psychosocial educational programs for family members



On 26 November 2021, Dhaka Ahsania Mission's Women Drug Treatment and Rehabilitation Center organized a family meeting with the family members of the patients with the keynote "The Role of the Family in the Treatment of Drug Addiction and Mental Illness". At the meeting, psychiatrist and addiction professional Mr. Md. Akhtaruzzaman Selim said that family support in the treatment of drug-dependent and mental illness in the evidence-based medical system can smooth and prolong a patient's recovery path. The meeting was attended by family members of 22 patients. In addition, family group counseling on "Self-Care" was organized on 16 December 2021 with the participation of family members of the patients. The counseling program was attended by 20 members from the families of 15 patients.

Ahsania Mission Drug Treatment and Rehabilitation Center (Gazipur) held three consecutive family meetings on 15 October, 26 November and 24 December 2021. At the meeting, it was discussed in detail the importance of treatment of family members, relapse after treatment, family role during and after treatment, family barrier, mental treatment and prevention of discrimination. A total of 138 family members were present at the meetings.

A family meeting was organized at Ahsania Mission Drug Treatment and Rehabilitation Center Jessore on 23 October and 10 November with the participation of family members of the drug addicts being treated. A total of 63 family members were present at the meetings.

Celebration of recovery

After completing 3 years of well being and to remain well rest of the life a formal celebration of recovery was held on 27 October 2021 at the Drug Treatment Center, Gazipur. In the presence of all staff and clients the Recovery was observed for the Recovery worker Sumon by cutting cake. Sumon Ahmed later shared his experiences, efforts and feelings to stay healthy. The clients of the house performed cultural programs in the ceremony.



Distribution of tree saplings

A family afforestation program was held at Hena Ahmed Hospital, Alampur, Hansara, Srinagar, Munshiganj on 22 October 2021 at 10.30 am jointly organized by Dhaka Ahsania Mission and Lions Club of Dhaka Oasis. Through the program, a total of 600 saplings of four trees (jackfruit, lemon, guava, and olive) were distributed free of cost to 200 poor families in four villages of Munshiganj, Hansara Union.



"Integrated initiatives need to be taken to strengthen safe roads" - BRTA Chairman Nur Mohammad

Integrated initiatives need to be taken to accentuate safe roads and government and non-government organizations need to come forward. In order to reduce road accidents in Bangladesh, the government has taken various initiatives including the enactment of notable road transport law 2018, training for skilled and trained drivers, and various initiatives to increase public awareness. "However, prevention of road accidents is not possible by the government alone. This requires the cooperation of all "- said BRTA Chairman Nur Mohammad Maiumder while addressing a meeting on" What to do to strengthen safe roads "organized by Bangladesh Road Transport Authority (BRTA) at its conference room on Tuesday, November 9 at 11:30 am. Igbal Masud, Director, Health and WASH Sector, Dhaka Ahsania Mission, delivered the kevnote address.



Calling on the media to come forward to strengthen safe roads

Two separate meetings were held on 9 October and 19 December at 11 am in the meeting room of Dhaka Ahsania Mission, Health Sector on the role of media in strengthening safe roads. The meeting was attended by 25 senior reporters of the print online portal. Global Health Advocacy Incubator Bangladesh Country Coordinator Dr. Md. Shariful Alam, Global Road Safety Advocacy and Grants Program Manager Taifur Rahman, News Editor of ATN News and President of Law Reporter Forum Masudul Haque,



Dhaka Ahsania Mission Health Sector Assistant Director Md. Mukhlesur Rahman, lecturer of BUET Accident Research Institute Shahnewaz Hasnat-e Rabbi, Organizing Secretary of Nirapod Sorok Chai (NISCHA), SM Azad Hossain, Sharfuddin Ahmed Chowdhury, Chief Executive Officer of Savar Municipality, Sharmin Rahman, Project Coordinator of Road Safety Project of Dhaka Ahsania Mission spoke at these meetings. The speakers called upon the media to come forward for strengthening safe roads. The participating journalists said that they would draw the attention of the government and concerned authorities to ensure safe roads through their writings.

Candle lighting and walking in memory of those killed in road accidents

November 21 World Day of Remembrance for Road Traffic Victims Day is celebrated worldwide. On the occasion of this day, candles were lit at Shyamoli Park at 6:30 pm on the initiative of Dhaka Ahsania Mission Health Sector to raise awareness, draw the attention of government and law enforcement agencies and commemorate the victims of road accidents. After lighting the candles, a procession started from Shyamoli Math and ended at Mirpur Road.



Distribution of livelihood items among the detainees is completed

The initiative was initially completed on 3 November 2021 by providing a variety of livelihood materials to the trained prisoners of the JPRPHRPC project. Through the initiative, a total of 150 released prisoners have been provided with modern sewing machines, rickshaws, vans, goats, furniture making equipment, electric tools, welding machines, grocery store equipment, thane cloth, three pitch, cow breeding equipment, dyeing equipment, computer equipment and medical equipment. Different types of livelihood materials are provided according to their needs.



Online training on stress management among senior female executives in the judiciary

The "Online Stress Management Training" program organized by Bangladesh Women Judges Association and Dhaka Ahsania Mission under the Rule-of-Law Program implemented by GIZ Bangladesh came to an end on 1 December 2021. 315 women judges of 64 districts of the country participated in the training through 10 batches. President of Bangladesh Women Judges Association Hosne Ara Begum, Umme Kulsum, Joint Secretary (Opinion), Ministry of Law Judges and Parliamentary Affairs, Maksuda Parveen, Secretary General, Bangladesh Women Judges Association, Tahera Yasmin, Director Operations, Rule-Off were present as guests at the closing ceremony. -L program, GIZ. Igbal Masud, Director, Health and WASH Sector, Dhaka Ahsania Mission highlighted the objectives and achievements of the training. The training was conducted



under the supervision of Dhaka Ahsania Mission. At the closing ceremony, the distinguished guests unveiled the wraps of the training aids published for the trainees.

'Strong Family' in Cox's Bazar

The Strong Family Program is designed to address challenging situations and assist families living in low-income areas. It was conducted in two phases. According to the design of the project, in the first phase, 100 families were selected by providing training information. Where 1 child aged 6 to 15 years from each family participated. Interested families were invited to participate in the training. It was conducted in 6 sessions in 1 month. The second phase started after a gap of one month according to the program structure. It was also conducted in 6 sessions. In the second phase also 100 families were invited to take part in the training. Where 1 child aged 6 to 15 years from each family participated. A total of 600 trainees from 200 families participated in the training. It was conducted in the host community in Ukhia, and Camp 19, 24, and 27 at Teknaf, Cox's Bazar.



Awareness about tuberculosis

On November 20, a leaflet on tuberculosis was distributed at the initiative of Dhaka Ahsania Mission, Tuberculosis Control Program to raise awareness about tuberculosis among the general public at the field level. Pedestrians and rickshaw pullers were also informed about TB. They were also given an idea about the symptoms of tuberculosis and the activity of tuberculosis was discussed, what is tuberculosis? Types of Tuberculosis, Howit Spread, Symptoms of Tuberculosis, Diagnosis and Why it is important to complete regular full-term treatment of infected patients? DOTS treatment methods, side effects possible of medicine and management issues were discussed.



Tuberculosis relationship with tobacco, current status of TB in Bangladesh and National Tuberculosis Control Program, IPT treatment, MDR TB issues were also discussed.

Courtesy call with Members of Parliament

Md. Sadeg Khan, MP, Member of Parliament for Dhaka-13 constituency, Member of the Standing Committee on Ministry of Expatriate Welfare and Overseas Employment and General Secretary of Dhaka Metropolitan Awami League, North has said that to implement the declaration of Hon'ble Prime Minister Sheikh Hasina to make the country tobacco-free by 2040 I should engage myself in any activity to implement the declaration. In this case, to make the country completely tobacco-free, everyone has to work together. He also said that he would take the necessary steps in this regard. This was stated during a courtesy call on a delegation of Dhaka Ahsania Mission's Tobacco Control Project at his office at Rayerbazar in the capital on Tuesday afternoon, December 26, 2021.



Prof. Dr. Pran Gopal Datta, MP (Comilla-6) and former Vice-Chancellor, Bangabandhu Sheikh Mujib Medical University (BSMMU) said, the announcement made by Hon'ble Prime Minister Sheikh Hasina to eradicate tobacco use from Bangladesh by 2040 is possible. And for this, there is a need to strengthen the Prime Minister and her government in all respects.

Meeting on 'Role of Ministry of Civil Aviation and Tourism in Banning **Designated Smoking Area in Hospitality** Sector'



Mr. Mahbub Ali MP. State Minister for Aviation and Tourism said that smoking in public places is banned in our country, but in many cases, it has not complied. The Ministry of Civil Aviation and Tourism will work with the Ministry of Health to amend the provisions for designated smoking areas in restaurants, in particular." He was speaking at a meeting on the role of the Ministry of Civil Aviation and Tourism in abolishing the 'designated smoking area' in restaurants jointly organized by the Ministry of Civil Aviation and Tourism and the Dhaka Ahsania Mission at the conference room of the Ministry on October 19.

Providing Covid-19 vaccine

On 24 October 2021, on the occasion of the birthday of Hon'ble Prime Minister Sheikh Hasina, vaccination program was held at 5 Urban Health Centers of Urban Primary Health Care Services Delivery Project-II, run by Dhaka Ahsania Mission and implemented by Rajshahi City Corporation. Under the project Urban Health Center-1 located in Ward 1, Urban Health Center-2 located in Ward 2, Project Management Office located in Ward 12, Urban Health Center-3 located in Ward 13, Urban Health Center-4 located in Ward 15 and Urban Health located in Ward 16 Vaccination program has started at Center-5



In addition, the staff of Urban Primary Health Care Services Delivery Project-Phase II run by Dhaka Ahsania Mission in Ward No. 4, Ward No. 8 and Ward No. 11 are working as partners of Rajshahi City Corporation in the immunization program.

A total of 606 people were vaccinated with Covid-19 (Synopharma) 1st dose during the vaccination program, out of which 302 were men and 405 were women.

Pregnant mother gathering and adolescent assembly

On 21st December 2021, a gathering of pregnant mothers was held at Haragram, Ward No. 2, a shelter project under Nagar Shastho Kendro-2. Forty pregnant mothers were present on the occasion.



The speaker discussed safe motherhood. In addition to this, an awareness speech about COVID-19 was delivered. Masks and hand sanitizers were distributed among the participants. On 22 December 2021 adolescent assembly was also held where 25 teenage girls attended and took part in the discussion on SRHR and Hygiene issues.

Nutrition awareness street drama

Under the Bangladesh Nutrition Activity Project of Dhaka Ahsania Mission, to raise awareness among the people at the village level in 15 growth centers of 6 Upazilas, street drama on the three themes of nutrition, women empowerment, safe water, and sewerage have been screened. The initiative is aimed at raising awareness among the public about nutrition, women's empowerment, and positive behavioral changes in drinking water, sanitation, and hygiene.



Vitamin A Plus Campaign



Urban Primary Health Care Services Delivery Project-Phase II, COCC, PA-1, managed by Dhaka Ahsania Mission in coordination with District Health Department at Cumilla organized a Vitamin A Plus Campaign from December 11 to 14 for a total of 4 days in Cumilla City Corporation area. Until now, Vitamin A Plus Campaign has been conducted for children from 0 (0) to 5 (5) years of age at 1 Urban Maternity Hospital and 6 Urban Health Centers. During the campaign, 5,160 children aged 6-11 months were given blue vitamin A capsules and 20,83 children aged 12-59 months were given red vitamin capsules.

Besides, Dhaka Ahsania Mission, Urban Primary Health Care Services Delivery Project-Phase II of Health Sector, Dhaka North City Corporation, Zone-4 has been operating 33 satellite spots, 5 PHCCs and 1 matrix from the last 10 months.

On the other hand, on 11th December, Dhaka North City Corporation Deputy Chief Health Officer, Lt. Col. Golam Sarwar inaugurated the National Vitamin A Campaign (2nd Round-2021) at Nagar Matrisadan.

An inauguration of the Vitamin A plus Campaign was held on 11 December at Nagar Matrisadan and 8 Nagar Health Centers of The Urban Primary Delivery Health Care Project which implemented by Dhaka South City Corporation and managed by Dhaka Ahsania Mission.

Abul Fayez Md. Alauddin Khan (Joint Secretary), Project Director, Area-3, inaugurated the program. 5030 blue and 34742 red capsules had been given.

In addition, the staff of Urban Primary Health Care Services Delivery Project-II, run by Dhaka Ahsania Mission, is working as a partner of Rajshahi City Corporation in the National Vitamin A Plus Campaign. A total of 1238 children were given vitamin A capsules.

Celebrating Family Planning Services and **Promotion Week**

"Accept family planning, maternal and child health care; Prevent Child Marriage Unwanted Pregnancy" with this theme, 'Family Planning Services and Promotion Week' was observed following the COVID-19 health protocol. Urban Primary Health Care Services Delivery Project-Phase II, COCC, PA-1, Comilla run by Dhaka Ahsania Mission celebrated Family Planning Services and Promotion Week 2021 coordination with District Family Planning Office. In addition, all the service recipients present at the occasion were informed about the importance and benefits of family planning services. On the other hand, Family Planning Week 2021 was celebrated by Urban Primary Health Care Services Delivery Project-Phase II managed by Rajshahi City Corporation, andrun by Dhaka Ahsania Mission.



Day celebration

Victory Day

Dhaka Ahsania Mission's Drug Treatment and Rehabilitation Center, Gazipur celebrated Victory Day on 16th December with due dignity through various programs. The program started with the hoisting of the national flag in the morning. On the occasion of Victory Day, a cricket match was organized between the recovery and the staff. In addition, on the occasion of the Golden Jubilee of Independence and Mujib Centenary (December 16), Urban Primary Health Care Services Delivery Project Phase II, RCC, PA-1, Dhaka Ahsania Mission conducted various activities throughout the day. On the occasion of the golden jubilee of independence on 16 December and the centenary of Mujib, free health care was provided at every primary health center including Nagar Matrisadan. Apart from that, Urban Primary Health Care Services Delivery Program-Phase II, COCC, PA-1, Comilla, celebrated the golden jubilee of Independence and its 50th Victory Day on 16 December 2021, like the rest of the country. In addition, on the occasion of the golden jubilee and victory day of independence, all services including free delivery services were provided in the city maternity hospital and city health centers.



Besides, the 50th Great Victory Day was celebrated by Ahsania Mission Drug Addiction Treatment and Rehabilitation Center, Jessore. The day is celebrated in the midst of a day-long colorful festival from the first noon of December 16. In the evening a special cultural evening is organized among the clients.

World Diabetes Day-2021



Dhaka Ahsania Mission, Urban Primary Health Care Services Delivery Project Phase-II, Dhaka North City Corporation, Zone-4 has been operating 33 satellite spots, 5 PHCCAs, and 1 matrix in the last 10 years.On 14 November 2021, Iqbal Masud, Director-Health & WASH Sector, DAM, inaugurated a free identification test and medical service camp in collaboration with Lions Club of Dhaka Oasis on the occasion of World Diabetes Day 2020 at 10 am at Nagar Matrisadan. Besides, Dhaka North City Corporation Chief Health Officer Brigadier General Md. Jobaidur Rahman was present at the camp.

World Mental Health Day

October 10 was World Mental Health Day. On the occasion of the day, a special discussion meeting was held on "Mental Health Development of Drug Addicts" with the patients receiving treatment at the initiative of Ahsania Mission Drug Treatment and Rehabilitation Center-Gazipur. Speakers at the discussion noted that drug abuse can lead to physical, familial and social harm as well as emotional damage and that the behavior becomes aggressive.

The Ahsania Mission Women's Drug Treatment and Rehabilitation Center organized a family group counseling program for the family members of the patients on 9 October 2021. The purpose of the group counseling program was to make patients' family members to aware of their own mental health and to inform them about the importance of Mental Health Day.



The meeting was attended by 22 members from the families of 14 patients. In addition, the day was celebrated with various activities under the theme "Mental health in an unequal world" at Ahsania Hena Ahmed Monojotno Kendro, Alampur, Srinagar, and Munshiganj. Discussion meeting and quiz competition were organized. On the other hand, on the occasion of World Mental Health Day, a human chain and rally was announced at 10 am on 10 October at Jashore Collectorate premises on the initiative of Ahsania Mission Drug Treatment and Rehabilitation Center Jessore.

World AIDS Day



World AIDS Day, 2021 was celebrated on December 1 like every year. Urban Primary Health Care Services Delivery Project Phase-II, RCC, PA-1, Dhaka Ahsania Mission organized Rally and Discussion Meeting on the day. The main theme of World AIDS Day was "End Inequalities, End AIDS, End Pandemics". As always, World AIDS Day was celebrated by the Civil Surgeon's Office. Besides, World AIDS Day was observed by Urban Care Primary Health Services Project-Phase II, COCC, PA-1, Cumilla coordination with the District Health Department by Dhaka Ahsania Mission.

World AIDS Day-2021 was celebrated at the Comilla District Civil Surgeon's Office on a limited scale following social distance and hygiene rules. Speakers at the event called on all to work together on the dangers of AIDS and the prevention of AIDS. At the same time, 1st December, World AIDS Day was observed by Dhaka Ahsania Mission. The day was celebrated holding rallies, wearing T-shirts participating in national programs. A total of 50 health officials (doctors, nurses, healthcare providers) attended the rally. It was organized iointly by DAM and the Department of Prisons and supported by UNODC under the project "Prevention of HIV among the most at-risk prisoners in Bangladesh".

Activities of WASH sector

Project Opening Workshop

The "Project Inaugural Workshop" of the project titled "Humanitarian WASH for Rohingya Refugees and Host Communities Cox's Bazar, Bangladesh" under Dhaka Ahsania Mission Wash Sector was held on 29th December, 2021 at Camp-15 (Jamtali), Conference Room of CIC Office. Camp In charge (CiC) Shankar Kumar Biswas was present as Chief Guest, Md. Akhtar Hossain: Assistant Camp in charge (ACiC) was present as Special Guest. Also present were Md. Ashraful Islam, Care and Maintenance Officer, CIC Office, Camp-15, Site Management IOM, Wash Actors Organization, World Vision Bangladesh, CARE Bangladesh, BRAC and BDRCS as Co-Actors respectively. Representatives of DSK, GUSS, Global and other organizations were also present at the camp.



World Hand washing Day

World Handwashing Day is celebrated on 15th October every year. The day was celebrated on 24th October 2021 with the aim of creating awareness and importance of hand washing among the people living in Rohingya Cap-15 located in Ukhia Upazilla. At the invitation of the camp in-charge (CiC), the Dhaka Ahsania Mission, in collaboration with other organizations. provided spontaneous participation and overall support to make the Handwashing Day celebration a success. World Hand washing Day was observed in Benapole with the theme "Our hands are our future, let's move forward together". This day was celebrated through various activities in the area of Kagaz pukur Pre-Cadet and High School and Colony No. 1 with the initiative of Dhaka Ahsania Mission and overall cooperation of Benapole Municipality. World Handwashing Day was celebrated on 21st October in Benapole Municipality as the scheduled day of this year was Friday and



immediately after Durga Puja Eid-e-Miladunnabi holiday. On this occasion guiz competitions and prize distribution, seminars on hand washing, hand washing exhibitions and campaigns were organized in the colony area with the participation of students of Paper Pond Pre-Cadet and High School.

Hygiene promotion session

A hygiene promotion campaign was held at Benapole Kagazpukur Government Primary School in Jessore. The camp was organized at the initiative of Dhaka Ahsania Mission in collaboration with Benapole Municipality.

Lifelong intimate health practices such as regular brushing of teeth, cutting of nails, etc. were discussed in a participatory and effective manner by displaying various pictures. The session also focused on the fact that most human diseases are caused by their own uncleanness and unconsciousness. At the end of the session, the students practiced handwashing with soap on the school premises and held a short procession carrying festoons containing various information. About a hundred students participated in the campaign and enjoyed the program and pledged to use their learning in life, spread it at the family and neighborhood level so that everyone can stay disease-free.



Pure water supply

5 projects of Dhaka Ahsania Mission are being implemented for the supply of pure water. Between October and December, 5 new arsenic and iron removal plants have been set up in Benapole Municipality. The work of setting up 16 cluster mini piped water supply schemes in different upazillas of Patuakhali district has been completed. Under the Nalta Pipe Water Supply Scheme, water is being supplied through pipelines to 654 houses.



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